

WAKESKATE TRICK LIST

FOUNDAMENTALS

Sitting Dock Start
Running Dock Start

Surf the Wake
Sideslide
FS/BS Surface 180°
FS/BS Surface 360°
Hang Five
Hang Ten
One Footer Surface
Ollie
Nollie

starting staying seated on the dock, board on the water under feet
starting running on the dock, holding the board with one hand, then putting the board under feet, jump from dock into water
going up and down the transition of the wake
board rotates 90° on the water
board rotates 180° on the water
board rotates 360° on the water
riding with only one foot on the nose of the board facing forward
riding with both feet on the nose of the board facing forward
riding taking back foot off board, bone out back leg
lift the board pushing with your back foot
lift the board pushing with your front foot

FOUNDAMENTALS VARIATIONS

FS/BS Ollie 90°
FS/BS Ollie 180°
FS/BS Ollie 270°
FS/BS Ollie 360°
Caballeria
FS/BS Shove it
Body Varial
FS/BS Pop Shove it (aka Ollie Varial)
FS/BS Bigspin
Kickflip (aka Frontfoot flip)
Varial Flip
Hardflip
360 flip (aka Flip shove it)

ollie + 90° board and body rotation
ollie + 180° board and body rotation
ollie + 270° board and body rotation
ollie + 360° board and body rotation
Backside ollie 360° fakie to fakie
board rotates 180° or more with body in the same position
body rotates 180° with board in the same position
ollie + shove it
shove it 360° + same direction body varial 180°
board rotates 360° side over side
Backside pop shove it 180° + kickflip
Frontside pop shove it 180° + kickflip
Pop shove it 360° + kickflip

1 OR 2 WAKE

TS/HS In-Out Air
TS/HS Out-In Air
TS/HS Air
Switch TS/HS Air
Indy grab
Tail grab
Stalefish
Roastbeef
Melan
Method
Mute
Slob
Nose grab
TS/HS FS 180° 1 wake
TS/HS FS 180° 2 wake
TS/HS BS 180° 1 wake
TS/HS BS 180° 2 wake
TS/HS FS 360° 1 wake
TS/HS FS 360° 2 wake
TS/HS BS 360° 1 wake
TS/HS BS 360° 2 wake
TS/HS FS Half Cab 1 wake
TS/HS FS Half Cab 2 wake
TS/HS BS Half Cab 1 wake
TS/HS BS Half Cab 2 wake
TS/HS FS Cab 1 wake
TS/HS FS Cab 2 wake
TS/HS BS Cab 1 wake
TS/HS BS Cab 2 wake
TS/HS One Footer Air
TS/HS FS Varial (Shove it Air 180) + grab

1 wake jump from the inside of the wakes to the flats out
1 wake jump from out in the flats to the inside of the wakes
2 wake jump
2 wake jump fakie to fakie
rear hand toeside grab between feet
rear hand tailside grab
rear hand heelside grab between feet, around back leg
rear hand heelside grab between feet, arm through legs
front hand rear heelside grab between feet
front hand heelside grab, board tweaked behind rider
front hand toeside grab between feet
front hand toeside grab between front foot and nose of board
front hand noseside grab
1 wake aerial 180° with frontside rotation
2 wake aerial 180° with frontside rotation
1 wake aerial 180° with backside (blindside) rotation
2 wake aerial 180° with backside (blindside) rotation
1 wake aerial 360° with frontside rotation
2 wake aerial 360° with frontside rotation
1 wake aerial 360° with backside (blindside) rotation
2 wake aerial 360° with backside (blindside) rotation
1 wake aerial 180° fakie to normal with frontside rotation
2 wake aerial 180° fakie to normal with frontside rotation
1 wake aerial 180° fakie to normal with backside (blindside) rotation
2 wake aerial 180° fakie to normal with backside (blindside) rotation
1 wake aerial 360° fakie to fakie with frontside rotation
2 wake aerial 360° fakie to fakie with frontside rotation
1 wake aerial 360° fakie to fakie with backside (blindside) rotation
2 wake aerial 360° fakie to fakie with backside (blindside) rotation
2 wake jump taking front or back foot off board with boned leg
2 wake jump + grab + board rotation 180°, body do not rotates

TS/HS BS Varial (Shove it Air 180) + grab
 2 Wake kickflip
 Airwalk

2 wake jump + grab + board rotation 180°, body do not rotates
 2 wake jump + kickflip while in the air
 2 wake jump nose grab + open legs

LIP

Frontside Boardslide
 Frontside Lipslide
 Backside Boardslide
 Backside Lipslide
 Ollie
 FS/BS Ollie 90°
 FS/BS Ollie 180°
 FS/BS Ollie 270°
 FS/BS Ollie 360°
 FS/BS Shove it
 FS/BS Pop Shove it (aka Ollie Varial)
 Kickflip (aka Frontfootflip)

toeside approach, board slides with the nose going to the wake
 toeside approach, board slides with the tail going to the wake
 heelside approach, board slides with the nose going to the wake
 heelside approach, board slides with the tail going to the wake
 lift the board pushing with your back foot using the wake
 ollie + 90° board and body rotation using the wake
 ollie + 180° board and body rotation using the wake
 ollie + 270° board and body rotation using the wake
 ollie + 360° board and body rotation using the wake
 board rotates 180° or more with body in the same position
 ollie + shove it
 board rotates 360° side over side

OBSTACLE

50/50
 Nose Grind (aka Nose Press)
 Pivot Grind
 Noseslide
 Tailslide

slide with flat board, same weight on both feet
 slide on the nose of board raising 45° the tail
 slide on the tail of board raising 45° the nose
 slide with the nose of board
 slide with the tail of board

NOTES

TS= toeside
 HS= heelside
 FS= frontside
 BS= backside

DIAGRAMS

